

Six Dynamic Sessions

Your marriage and the marriages around you are colored by personalities, passions, and experience. Making marriage work is a divinely inspired art form.

For more than three decades, FamilyLife® has been helping couples understand God's plan for relationships. In The Art of Marriage, we weave together expert teaching, engaging stories, man-on-the street interviews, humorous vignettes, and more to portray both the challenges and the beauty of God's design.

The Art of Marriage® is available in two formats: a Friday night-Saturday video event and a six-session small-group series. In both formats the video sessions cover the following topics:

Session 1: Love Happens (Purpose of Marriage)

- God designed marriage and has a great plan in mind.
- The primary purpose of marriage is to reflect God's glory to a watching world.
- It is important to receive your mate as God's perfect gift for you.

Session 2: Love Fades (Drift to Isolation)

- Couples naturally drift toward isolation.
- Our differences and weaknesses push us apart.
- Sin has affected every marriage.
- The gospel brings healing and reconciliation.
- Couples must learn to walk by the power of the Holy Spirit in marriage.

Session 3: Love Dances (Roles)

- God designed different responsibilities for men and women in marriage.
- Though their responsibilities are different, men and women are still equal in value.

- God calls men to sacrificially love and lead their wives.
- God calls women to respect and support their husbands.

Session 4: Love Interrupted (Communication)

- Conflict is common to all marriages.
- The goal is not to be conflict-free but to learn to handle conflict correctly when it occurs.
- Healthy conflict resolution occurs when couples are willing to seek and grant forgiveness.

Session 5: Love Sizzles (Romance and Sex)

- God created sex and has a wonderful design in mind.
- A satisfying sex life is the result of a satisfying marriage relationship.
- The ultimate purpose of sex is to bring pleasure and glory to God.

Session 6: Love Always (Legacy)

- To leave a godly legacy, we must think about the impact of our lives on future generations.
- Our hope for leaving a lasting legacy is through the gospel of Jesus Christ.
- Leaving a godly legacy requires putting a stake in the ground.